

A

B

C

D

E

F

G

Backcountry Rise PACE CHART

Backcountry Rise - 50k (11 Hr Cutoff)

AID	Distance (miles)	Segment (miles)	Leader Pace (Elapsed hrs)	Leader Time (4.5hr Finish)	Cutoff Pace (Elapsed hrs)	Cutoffs (Official= BOLD)
Start (7:00AM)	0	5.00	--	--	--	--
1 - Coldwater Creek	5.0	10.00	0.74	7:45 AM	1.80	8:45 AM
2 - Bear Camp	15.0	9.00	2.21	9:20 AM	5.39	12:30 PM
Water Station	24	3.40				
3 - South Coldwater	27.4	3.20	4.03	10:45 AM	9.85	4:45 PM
Finish	30.6		4.50	11:30 AM	11.00	6:00 PM